REGISTRATION FORM

| PATIENT INFORMATION | | | | | | |
|---|-------------------------------|------------------|-----------|--------------------------------|------------------|-------------------------|
| Patient First Name: MI | : Last Nam | ne: | Age: | Date of Birth: | | Gender: |
| | | | | | | ☐ Male ☐ Female |
| Ethnicity? Hispanic Not Hispanic F | Refused | Language Spo | cen? | English ☐ S | Snanish □(| Other |
| Marital Status? ☐ Single ☐ Married ☐ Wi | | | | _ | • | |
| Mailing address: | | Race? White | e 🔲 Asia | Social Security | • | ndian/Native Other |
| Franing dddress: | | | | | | - |
| City: | State: | Zip Code: | Home | Phone: | Cell Phone: | Work Phone: |
| Email Address: | | | | | | |
| | | | | | □I do n | ot have access to email |
| Primary Care Provider: | | | | | | |
| Pharmacy: | | | | | | |
| | | | | | | |
| INSURANCE INFORMATION(* | | | | | | · · · · · |
| *(Please give insurance card to the red | ceptionist to be NC Medicaid | | | responsible for Policy #: | filing claims i | f no card is on file)* |
| PRIMARY INSURANCE Medicare | _ INC Medicald _ | | ei | Policy #: | | |
| Name on the insurance card? : SS | # of the policy h | older(required): | | date of Policy r(required): | Group #: | |
| | | | | | | |
| How is the patient related to the policy hol | lder?: Self(or | r Medicaid) | Child (co | overed under pare | ent's insurance) | ☐Spouse ☐ Other |
| SECONDARY INSURANCE □ None Policy Holder: □ Same as primary Date of Birth Policy #: | | | | | | |
| Patient's relationship to subscriber: Self(Medicaid) Child(covered under parent's insurance) Spouse Other | | | | | | |
| PARENT/GAURADIAN (REQUI responsible for medical bills for minors, | | | | | | |
| Parent/Guardian: | Birth Date | | | erent): 🗌 Sam | | ca support or ac |
| | | | | | | |
| | | | | | | |
| Social Security #(required): | Employer: | · | | | Preferred | Phone #: |
| | | | | | | |
| IN CASE OF EMERGENCY WHO WOULD YOU LIKE TO BE CONTACTED? | | | | | | |
| Contact Name: | | Relationship to | | Home phone #: | : | Work phone #: |
| | | patient: | | () | | () |
| By signing, you agree the information above | | | | | | |
| HIPAA CONSENT: Without signed consent, we can NOT share information regarding your medical care (including family). Please list anyone you would like to have this information below. I do not wish anyone to have information regarding my care. | | | | | | |
| 1. | | | | | | |
| 2. | | | | | | |
| | | | | | | |
| X Date: | | | | | | |
| Patient/Guardian Signature | | | | | | |

Financial/Office Policy and Signature on File

I authorize the release of any medical pertinent information to my consulting provider, if needed and as necessary to process insurance claims, insurance applications and prescriptions. I also authorize payment of benefits to Pain Management Plus, PLLC.

I understand that I am financially responsible for <u>all services</u> rendered **including** for the following reasons: 1) no proper referral at the time of service or referral is invalid/expired 2) incorrect/invalid insurance information given or failure to give new updated insurance information 3) Expenses not covered by insurance 4) deductible not met 5) services rendered are deemed medically unnecessary by insurance. *Failure of insurance company to pay does not excuse patient's financial responsibility. It is patient's responsibility to know what is and is not covered by their insurance policy/plan (including Medicare beneficiaries).*

Payment is required for all services at the time they are rendered including co-payments and any outstanding balances. You may be balance billed per your insurance contract guidelines for any amount not collected or known at the time of service. Outstanding balances not addressed/paid in a timely fashion may be forwarded to collections and may be reported to your credit.

Returned Checks: In the event a check is returned for Non-Sufficient Funds, we will assess a \$25.00 charge in addition to your current balance to cover the bank charges incurred by our office due to Non-Sufficient Funds.

Your signature below signifies your understanding and willingness to comply with the policies of this office and your insurance plan.

<u>Prescriptions:</u> Please bring a list of your current medications with you at the time of your appointment. We will NEVER call in ANY pain medications, antibiotics or narcotics to any drug store.

<u>Urine Drug Screens:</u> Our office performs random drug screens as a routine procedure for all patients on Controlled substance therapy and is an important tool for monitoring the safety of treatment. This is an additional charge billed to you or your insurance. <u>Labs:</u> We perform urine drug screens in our office and send any additional confirmation testing and/or bloodwork, if applicable, to Quest Laboratory. You may see additional charges from the lab for their services.

<u>Missed Appointments:</u> We charge \$75.00 for any no show appointment not cancelled within 24 hrs. This charge will be billed directly to you. Please help us to serve you better by keeping all scheduled appointments. If you "no show" to 3 appointments within 1 year, we have the right to dismiss you from our practice for noncompliance.

Patient/Guardian Signature for Financial and Office Policies (Refusal to sign does NOT prevent responsibility/obligation regarding this office's financial policy).

| X | Date |
|---|------|
| | |

HIPAA COMPLIANCE STATEMENT - THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

At this practice, we are committed to protecting your privacy. We comply with all federal, state, and local laws. This notice describes how we use your health information. It describes some of your rights and some of our responsibilities.

UNDERSTANDING YOUR HEALTH RECORD/INFORMATION - Each time you visit our offices, we record your symptoms, physical examination, test results, diagnosis, and treatment. This information enables us to plan for your care, communicate with others who care for you, report to your insurance carrier, bill for our work, and improve the quality of our care to you.

YOUR RIGHTS - Although your medical chart belongs to our practice, the information contained in the chart is yours. You have the right to inspect your records, obtain a copy of your chart for a small fee, correct your records, and tell us not to release your information to certain parties.

OUR RESPONSIBILITIES - We are required to maintain the privacy of your health information, send needed health information to other medical providers, and release information to insurance companies, certain government agencies, and others. We may be required to release some information, even without your permission.

EXAMPLES OF HOW YOUR INFORMATION IS USED - Your health information will be recorded and used to plan your treatment. Reports may be sent to other doctors to help them plan your treatment. Claims will be sent to your insurance company. The information in the claims will include confidential information such as your name, address, diagnosis, and treatment. In providing your care, we may communicate with other individuals or businesses. Examples include other physicians and/or laboratories. To protect your privacy, we ask our business associates to safeguard your information

OTHER NOTICES - We may leave a message at your home, at your business, on your answering machine or on your voicemail. We may mail you a postcard or other written notices. We may need to disclose your information to your family members or other people helping with your care. In doing so, we will use our best judgment. We may disclose information to others as required by law or if subpoenaed. If you were injured on the job, we will need to disclose your health information to your workers compensation insurance company. We may, from time to time, update these policies. You agree, in order for us to service your account or to collect any amounts you may owe, we may contact you by telephone at any telephone number associated with your account. We may also contact you by email using any email address you provide us. Methods of contact may include using pre-recorded or artificial voice messages and/or the use of an automatic dialing device, as applicable.

FOR MORE INFORMATION, QUESTIONS OR TO REPORT A PROBLEM - If you have concerns or would like additional information, you may contact the Office Manager.

Signature (HIPAA Policy)

| Χ | Date |
|------|------|
| - `- | ` |

| | Chief Complaint | |
|---|---|--|
| Reason for your visit today? | | |
| Persistent Pain | Surgical History (plea | ase list surgeries and year of surgery): |
| If Pain, the PRIMARY area of concern is: | | |
| Neck pain | | |
| Shoulder Right Left | | |
| Arm Right Left | | |
| | | |
| | | |
| Mid Back | | |
| Low Back | | |
| Hip Right Left | | |
| Leg Right Left | | |
| | | |
| Ankle Right Left | Family History | |
| ☐ Toes ☐ Right ☐ Left | | ing apply to your immediate `blood' relatives? |
| | Cancer | Mom Dad Sis Bro |
| What is your pain level: | Chronic Kidney Di | |
| | Diabetes | Mom Dad Sis Bro |
| 0 1 2 3 4 5 6 7 | 8 9 10 Heart Attack/Stro | |
| No Pain Mild Moderate Severe Very | Worst Pain | |
| | I riigii biood pressu | |
| | ☐ Mental Health Co | |
| 0 1-3 4-6 7 | Osteoporosis | Mom Dad Sis Bro |
| | Problem Pertinent History Intake | |
| Was this injury related? Yes No (If ye a. Motor Vehicle Accident Employmen b. Date the injury occurred?// | t Related/Worker's Comp b. case# | |
| | | |
| Pain Duration: | Previous tests include: | ☐ Joint stiffness ☐ Nausea |
| ☐ 0- 6 mo. | ☐ X Rays | Radiating to upper extremities |
| ☐ 6-11 mo. | Nerve Studies | Radiating to lower extremities |
| 1-2 years | ☐ MRI/CT | Temperature sensitivity |
| 3-4 years | ☐ Bone Scan | Tremors |
| 5-10 years | | Trouble sleeping |
| 10+ years | Activities limited due to pain: | Urinary frequency |
| | Bathing | Sensitivity to touch |
| Pain described as: | Bending | Spasms |
| Achy | Climbing | Swelling to the area(s) |
| Burning | Dressing | Weakness |
| Constant | Driving | _ |
| Cutting | Feeding | Past failed treatments: |
| Dull | Managing finances | Bracing |
| Hot | Mobility | Chiropractic |
| Numbness | Performing household chores | Heat Ice Injections |
| | | |
| Piercing | | |
| ☐ Piercing ☐ Binching | Hygiene/ Grooming | Occupational therapy |
| Pinching | Hygiene/ Grooming Reaching overhead | Occupational therapy Physical therapy |
| Pinching Sharp | Hygiene/ Grooming Reaching overhead Shopping /preparing meals | Occupational therapy Physical therapy Prescription Med(s) |
| ☐ Pinching ☐ Sharp ☐ Shooting | ☐ Hygiene/ Grooming☐ Reaching overhead☐ Shopping /preparing meals☐ Sitting | Occupational therapyPhysical therapyPrescription Med(s)Surgery |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling | Occupational therapy Physical therapy Prescription Med(s) |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing | ☐ Occupational therapy☐ Physical therapy☐ Prescription Med(s)☐ Surgery☐ TENS |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing ☐ Tingling | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting Walking | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing Chiropractic care |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing ☐ Tingling ☐ Weakness | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting Walking Working | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing Chiropractic care Heat Ice Injections |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing ☐ Tingling ☐ Weakness Overall Pain Status since onset: | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting Walking Working Associated signs and symptoms: | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing Chiropractic care Heat Ice Injections Occupational therapy |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing ☐ Tingling ☐ Weakness Overall Pain Status since onset: ☐ Improving | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting Walking Working Associated signs and symptoms: Blurry Vision | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing Chiropractic care Heat Ice Injections Occupational therapy Physical therapy |
| Pinching Sharp Shooting Stabbing Stinging Throbbing Tingling Weakness Overall Pain Status since onset: Improving Stable | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting Walking Working Associated signs and symptoms: Blurry Vision Changes in skin texture and/or color | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing Chiropractic care Heat Ice Injections Occupational therapy Physical therapy Prescription Med(s) |
| ☐ Pinching ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Stinging ☐ Throbbing ☐ Tingling ☐ Weakness Overall Pain Status since onset: ☐ Improving | Hygiene/ Grooming Reaching overhead Shopping /preparing meals Sitting Squatting/ Kneeling Standing Toileting Walking Working Associated signs and symptoms: Blurry Vision | Occupational therapy Physical therapy Prescription Med(s) Surgery TENS Pain decreases with: Bracing Chiropractic care Heat Ice Injections Occupational therapy Physical therapy |

| Name:Date: | | | | | | | |
|--|--|-----------------------------------|--------------|---|---------|---|------|
| Alcohol Use? Daily So Illicit Drug Use? Daily So Type used: Marijuana Coc | ocially Quit Never ocially Quit Never ocially Quit Never ocially Quit Never caine Methamphetamine | Prescription | n Drugs 🗌 Ot | her: | | _ | |
| MEDICATION LIST: | 1 - | | | T - | | | |
| Medication: | Dosage: | Freque | ency: | | Reason: | | |
| | | | | | | | |
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| | | | | | | | |
| Anxiety Disea Arthritis C Asthma C Cancer Disea Allergies: None Medication/Allergen: | Chronic Kidney Dia ase Fibr COPD GEF Coronary Artery Hea ase Hea Depression Hep Reaction: | art Attack(s) art Disease patitis | Pre | Hernia High Choleste High Blood essure Osteoporosis | rol | ☐ Thyroid dysfunction ☐ Tuberculo ☐ Ulcers | osis |
| Review of Symptoms (Please check any of the following that apply to you): Constitutional: Cardiovascular: Integumentary: Fever | | | | | | | |
| <u>Depression Screening(PHQ2):</u> | | 1 | 1 | 1 | | | |
| OVER THE PAST TWO WEEKS | S, HOW OFTEN HAVE YOU BEEN | NOTAT | SEVERAL | MORE THAN C | ONE- | NEARLY | |
| BOTHERED BY ANY OF THE F | OLLOWING PROBLEMS? | ALL | DAYS | HALF THE DAY | 'S | EVERY DAY | |
| Little interest or pleas | sure in doing things | | | | [| | |
| Feeling down, depres. | sed, or hopeless | | | | | | |
| | | | | | | | |

Name:_

Date:

PAIN MANAGEMENT PLUS, PLLC

CONTROLLED SUBSTANCE TREATMENT AGREEMENT

| Dationt Name | Date of Divide |
|---------------|----------------|
| Patient Name: | Date of Birth: |

Controlled substance (narcotic) treatment for chronic pain and/or substance dependence is used to reduce pain/withdrawal symptoms and improve what you are able to do each day. Along with Controlled substance treatment, other medical care may be prescribed to help improve your ability to do daily activities. This may include exercise, use of non-narcotic analgesics, physical therapy, psychological counseling or other therapies or treatment. Vocational counseling may be provided to assist in your return to work effort.

To the doctor: Keep signed originals in your file; give a photocopy to the patient. Renew at least every 6 months. I understand that compliance with the following guidelines is important in continuing pain treatment with our providers at Pain Management Plus, PLLC.

- 1. I understand that I have the following responsibilities:
 - a. I will take medications only at the dose and frequency prescribed.
 - b. I will not increase or change medications without the approval of this doctor.
 - c. I will actively participate in RTW efforts and in any program designed to improve function (including social, physical, psychological and daily or work activities).
 - d. I will not request Controlled substances or any other pain medicine from physicians other than from this doctor. This doctor will approve or prescribe all other mind- and mood-altering drugs.
 - e. I will inform this doctor of all other medications that I am taking.
 - f. I will obtain all medications from one pharmacy, when possible known to this doctor with full consent to talk with the pharmacist given by signing this agreement.
 - g. I will protect my prescriptions and medications. I will keep all medications from children.
 - h. I agree to participate in psychiatric or psychological assessments, if necessary. i. If I have an addiction problem, I will not use illegal or street drugs or alcohol.

This doctor may ask me to follow through with a program to address this issue. Such programs may include the following:

- 12-step program and securing a sponsor
- Individual counseling
- Inpatient or outpatient treatment
- Other: _____
- 2. I understand that in the event of an emergency, this doctor should be contacted and the problem will be discussed with the emergency room or other treating physician. I am responsible for signing a consent to request record transfer to this doctor. No more than 3 days of medications may be prescribed by the emergency room or other physician without this doctor's approval.
- 3. I understand that I will consent to random drug screening. A drug screen is a laboratory test in which a sample of my urine or blood is checked to see what drugs I have been taking.
- 4. I will keep my scheduled appointments and/or cancel my appointment a minimum of 24 hours prior to the appointment.
- 5. I understand that this doctor may stop prescribing Controlled substances or change the treatment plan if:
 - a. I do not show any improvement in pain from Controlled substances or my physical activity has not improved. b. My behavior is inconsistent with the responsibilities outlined in #1 above.
 - c. I give, sell or misuse the Controlled substance medications.
 - d. I develop rapid tolerance or loss of improvement from the treatment.
 - e. I obtain Controlled substances from other than this doctor.
 - f. I refuse to cooperate when asked to get a drug screen.
 - g. If an addiction problem is identified as a result of prescribed treatment or any other addictive substance.
 - h. If I am unable to keep follow-up appointments.

CONTROLLED SUBSTANCE TREATMENT AGREEMENT (continued)

YOUR SAFETY RISKS WHILE WORKING UNDER THE INFLUENCE OF CONTROLLED SUBSTANCES:

You should be aware of potential side effects of Controlled substances such as decreased reaction time, clouded judgment, drowsiness and tolerance. Also, you should know about the possible danger associated with the use of Controlled substances while operating heavy equipment or driving.

SIDE EFFECTS OF CONTROLLED SUBSTANCES:

• Confusion or other change in thinking abilities

• Problems with coordination or balance that may make it unsafe to operate dangerous

unsafe to operate dangerous equipment or motor vehicles

• Breathing too slowly – overdose can stop your

breathing and lead to death
• Nausea

Sleepiness or drowsiness Vomiting

Constipation

Aggravation of depression

• Dry mouth

THESE SIDE EFFECTS MAY BE MADE WORSE IF YOU MIX CONTROLLED SUBSTANCES WITH OTHER DRUGS, INCLUDING ALCOHOL.

RISKS: • Physical dependence. This means that abrupt stopping of the drug may lead to withdrawal symptoms characterized by one or more of the following:

Runny nose Sweating
Difficulty sleeping for several days
Diarrhea Rapid heart rate
Abdominal cramping Nervousness

- Psychological dependence. This means it is possible that stopping the drug will cause you to miss or crave it.
- Tolerance. This means you may need more and more drug to get the same effect.
- Addiction. A small percentage of patients may develop addiction problems based on genetic or other factors.
- Problems with pregnancy. If you are pregnant or contemplating pregnancy, discuss with your physician.

PAYMENT OF MEDICATIONS: State law forbids L&I from paying for Controlled substances once the patient reaches maximum medical improvement. You and your doctor should discuss other sources of payment for Controlled substances when L&I can no longer pay.

RECOMMENDATIONS TO MANAGE YOUR MEDICATIONS:

- Keep a diary of the pain medications you are taking, the medication dose, time of day you are taking them, their effectiveness and any side effects you may be having.
- Use of a medication box that you can purchase at your pharmacy that is already divided in to the days of the week and times of the day so it is easier to remember when to take your medications.
- Take along only the amount of medicine you need when leaving home so there is less risk of losing all your medications at the same time.

| I have read this document, understand and have had all my questions answered satisfactorily. I consent to the |
|---|
| use of Controlled substances to help control my pain and I understand that my treatment with Controlled |
| substances will be carried out as described above. |

| Patient Signature | Date |
|-------------------|------|